## Your Prairie View Elementary Panther Paw Print

November 2023

#### A Message From Our Principal: Mr. Weerts

New this year: Student-led conferences

#### PLEASE HAVE YOUR CHILD ATTEND

Strong and effective organizations consistently reflect and review their practices and programs. Simply, how do we (as a school) evolve, learn, and improve for the betterment of our students and families?

One of the areas we intend to improve upon is the design of our parent-teacher conferences. Our data suggests that 90-95% of our families attend our fall conferences. So, what is the problem? The problem is that we believe we are missing the most important person at the conference, your child!

When I was in elementary school, I vividly remember parent-teacher conference night. Prior to leaving for the conference, my dad would look at me and my brother and ask, "anything we are going to be surprised or disappointed about?" Of course, we assured them we were doing great, no problems. Sometimes that was a true statement and sometimes not. Next, I recall the anxious moments when they returned home with our report card and teacher comments. The rest of that night depended on how well their expectations matched the reality in the classroom.

One of the guiding beliefs in our East Troy schools is learner empowered practices. Specifically, the student should be at the center of their learning, not on the sidelines or merely a participant. Successful students accept and respond to feedback, set goals, and drive their own learning. The old model of I teach, you take notes, I give you a test, you get a grade, and then we move on to the next skill does not work anymore.

#### Here is what to expect at your child's conference:

- Your child should be able to formally introduce you and your teacher. (We practiced this skill with them.)
- Your child will share an artifact of their learning or something they are working on.
- Your child will share their own reflections on current academic skills and academic behavior performance.
- Teacher data about your child's performance based on September assessments.

Finally, take a moment to impress upon your child the need to work hard, respect others, and don't give up.

Since this is a new approach to our conference format, I would be interested in your parent perspective. What worked, what didn't, what else could we try? As always, we are grateful for your support and partnership as we raise this next generation.



#### Inside this issue:

Calendar

Menu's

Literacy

FYI

Praise Award-Home

Health Services

PTO Prompt

Counselors Corner

Wellness & Extra's



## November 2023

Sun	Mon	lue	wed	Inu	Fri	Sat
			1	2 Parent Teacher Conferences And Book Fair	3	THANK YOU *  veterals  NOVEMBER 11711
5	6	<b>7</b> Parent Teacher  Conferences  And  Book Fair	8	9	10	11
12	13 New student Pictures "Class pictures and clubs	14	15	16	17	18
19	20	21	22	Thanksgivi	24 ing Break hool	25
26	27	28	29	30		

#### EAST TROY SCHOOL DISTRICT NOVEMBER 2023 PV BREAKFAST/SNACK

#### MONDAY

You may choose one entrée, fruit, juice and milk for breakfast. You must choose at least 3 items and 1 must be a fruit or juice!

#### **TUESDAY**



#### WEDNESDAY

Mini WG Waffles Assorted Bagels Cereal Nutri-Grain Bar Fruit Punch Fresh Apple Milk

#### **THURSDAY**

Cherry Frudel
Assorted Bagels
Cereal
Nutri-Grain Bar
Apple Cherry Juice
Mandarin Oranges

Milk

#### **FRIDAY**

3

Mini Cinnis Assorted Bagels Cereal Nutri-Grain Bar Orange Juice Craisins Milk

6
WG Donut
Assorted Bagels
Cereal
Chocolate Chip Bar
Orange Juice
Pineapple
Milk

Blueberry Muffin
Assorted Bagels
Cereal
Chocolate Chip Bar
Apple Juice
Applesauce
Milk

Mini WG Pancakes
Assorted Bagels
Cereal
Chocolate Chip Bar
Fruit Punch
Fresh Apple
Milk

Apple Frudel
Assorted Bagels
Cereal
Chocolate Chip Bar
Apple Cherry Juice
Mandarin Oranges
Milk

Double Chocolate
Muffin
Assorted Bagels
Cereal
Chocolate Chip Bar
Orange Juice
Craisins
Milk

WG Donut
Assorted Bagels
Cereal
Cinnamon Pop Tart
Orange Juice
Pineapple
Milk

14
Blueberry Muffin
Assorted Bagels
Cereal
Cinnamon Pop Tart
Apple Juice
Applesauce
Milk

Mini WG Pancakes
Assorted Bagels
Cereal
Cinnamon Pop Tart
Fruit Punch
Fresh Apple
Milk

Apple Frudel
Assorted Bagels
Cereal
Cinnamon Pop Tart
Apple Cherry Juice
Mandarin Oranges
Milk

Double Chocolate
Muffin
Assorted Bagels
Cereal
Cinnamon Pop Tart
Orange Juice
Craisins
Milk

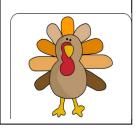
WG Donut
Assorted Bagels
Cereal
Strawberry Pop Tart
Orange Juice
Pineapple
Milk

Apple Cinnamon
Muffin
Assorted Bagels
Cereal
Strawberry Pop Tart
Apple Juice
Applesauce
Milk

No School



23 No School



No School

27
WG Donut
Assorted Bagels
Cereal
Apple Cinnamon
Bar
Orange Juice
Pineapple
Milk

28
Blueberry Muffin
Assorted Bagels
Cereal
Apple Cinnamon
Bar
Apple Juice
Applesauce
Milk

29
Mini WG Pancakes
Assorted Bagels
Cereal
Apple Cinnamon
Bar
Fruit Punch
Fresh Apple
Milk

Apple Frudel
Assorted Bagels
Cereal
Apple Cinnamon
Bar
Apple Cherry Juice
Mandarin Oranges
Milk

**2023-2024 Prices** 

Breakfast \$1.65 Reduced \$.00

Ala Carte Milk \$.40

#### EAST TROY SCHOOL DISTRICT NOVEMBER 2023 ELEMENTARY LUNCH

#### **MONDAY**

Fill your tray with fruits and veggies!

You may choose one entrée, 2 fruits, 2 veggies and a milk every day! Must choose at least one fruit or veggie





#### WEDNESDAY

Home Style
Spaghetti/Meat
Sauce/Roll
American Wrap\*
Mixed Green Salad
Steamed Peas
Fresh Orange
Peaches
Milk

#### THURSDAY

2
Breakfast for Lunch
Pancakes & Sausage
Yogurt & Muffin
Tri Tater
Sugar Snap Peas
Golden Corn
Banana
Pears
Milk

#### **FRIDAY**

3
Cheese Pizza
Strawberry
Parfait/Pretzels
Mixed Green Salad
Vegetable Medley
Fresh Apple
Strawberries
Ice Cream
Milk

Chicken Smackers
w/Roll
Mandarin Orange
Parfait w/Pretzels
Baked Beans
Baby Carrots
Applesauce Cup
Grapes
Milk

Walking Tacos\*
Hero Sub\*
Mexican Rice
Black Beans
Crispy Cucumbers
Banana
Berry Medley
Milk

Pizza Dippers
w/Marinara
Turkey BLT Wrap
Mixed Green Salad
Steamed Peas
Fresh Orange
Peaches
Milk

Mac & Cheese
w/Roll
Chef Salad\* w/Roll
Fresh Veggies
w/Dip
Golden Corn
Banana
Pears
Milk

10 Homemade
Cheese Pizza
Blueberry
Parfait/Pretzels
Vegetable Medley
Mixed Green Salad
Fresh Apple
Strawberries
Ice Cream
Milk

Hamburger on Bun Mandarin Orange Parfait w/Pretzels Baked Beans Baby Carrots Applesauce Cup Grapes Milk

Nachos\*
Turkey/Cheese Sub
Mexican Rice
Black Beans
Crispy Cucumbers
Banana
Berry Medley
Milk

15

Chicken & Waffles Ham/Cheese Wrap\* Mixed Green Salad Steamed Peas Fresh Orange Peaches Milk 16 Roast Turkey
Chef Salad\*
Gravy & Rolls
Au Gratin Potatoes
Fresh Veggies
Golden Corn
Banana
Pears
Royal Brownies
Milk

17 Cheesy Garlic
Bread w/Marinara
Blueberry
Parfait/Pretzels
Vegetable Medley
Mixed Green Salad
Fresh Apple
Strawberries
Ice Cream
Milk

Cheeseburger on
Bun
Peach Parfait
w/Pretzels
Green Beans
Baby Carrots
Applesauce Cup
Fruit Punch
Milk

21
Walking Tacos\*
Hero Sub\*
Mexican Rice
Refried Beans
Crispy Cucumbers
Banana
Berry Medley
Milk

NO SCHOOL

HAPPY
Fall

NO SCHOOL



NO SCHOOL



27
Chicken Patty on
Bun
Mandarin Orange
Parfait/Pretzels
Baked Beans
Baby Carrots
Applesauce Cup
Grapes
Milk

Nachos\*
Ham/Cheese Sub\*
Mexican Rice
Black Beans
Crispy Cucumbers
Banana
Berry Medley
Milk

29
Hot Ham & Cheese\*
Turkey/Cheese
Wrap
Mixed Green Salad
Steamed Peas
Fresh Orange
Peaches
Carnival Cookie
Milk

30
Chicken Smackers
w/Roll
Chef Salad\* w/Roll
Golden Corn
Fresh Veggies
w/Dip
Banana
Pears
Milk

2023-2024 Meal Prices

Lunch \$2.80 Reduced \$.40 Adult \$4.65 Milk \$.40 Extra Entrée \$2.75 \*May contain Pork



Families can visit during Parent Teacher Conferences November 2nd & 7th from 3-7pm

TIME

November 2nd & 7th

DATE

#### COME SUPPORT OUR SCHOOL

Uncover your next favorite read at the Literati Book Fair! Visit our fair in person, or order exciting new books through our online fair.



#### Shop the online fair at efairs.literati.com

Books ordered online will be delivered directly to your student at school, after the fair.

- Payment methods: We accept cash, credit, debit, check, or book fair gift cards.
- Online fair: Shop online and create student wish lists to share with friends and family.

  When you search for our school, double-check the city and state.
- **Book fair gift cards:** Gift cards are an easy payment method that won't get lost in a backpack. Buy them online for use at both our in-person and online fair.



#### HAVE YOU HEARD ABOUT LITERATI BOOK CLUBS?

It's like a book fair in a box, delivered monthly! Explore five new books each month, curated for your child's reading level and interests. Raise a reader and support our school!



Membership starts at just \$9.95/month

5 books picked just for them, plus personalized extras

Sign up at literati.com/schoolbox





If your family is currently experiencing financial hardship, and the thought of the Holidays are providing you stress due to the cost, our community Holiday Help program may be able to assist with alleviating some of the financial burden that comes along with the holidays.

If you'd more information, an application or wish to support please contact The East Troy Community School District Social Worker, Kim Pluess, at <a href="mailto:plukim@easttroy.k12.wi.us">plukim@easttroy.k12.wi.us</a>, 262-642-6760\*5242 or 262-903-8795. You may also contact Marolyn through the East Troy Community Resource Center at <a href="mailto:easttroyfamily@gmail.com">easttroyfamily@gmail.com</a> or text/call 262-642-4900.

Applications are now available through the schools until 11/3.



Call 262-642-6720 ext 3221 for absences, early pick up requests or transportation changes.

All transportation changes MUST be received in the office by 1:30 p.m.

# Please have your child check our lost and found tables. They are getting very full!



With the weather getting colder please remember we still go out to recess everyday unless the temperature or windchill is below zero. Heavy coats, boots, snowpants and mittens help keep us warm.

An extra set of clothing in your child's backpack is also helpful.

# Catch your Prairie View Panther using their PAWS. at home!

Practice Safety Act Responsibly Work Hard Show Respect





When you see your student demonstrating one of our P.A.W.S. behaviors at home, fill out the portion below and send it back to your child's teacher! Please include their name, a description of what you saw and then sign your name and tell us who you are (mom, dad, aunt, grandpa, big sister). Thank you!



Panther Praise Award ➤ Home Edition

\_\_ is doing

a good job using their P.A.W.S. at home by:

Proudly signed by

# Catch your Prairie View Panther using their PAWS, at home!

Practice Safety Act Responsibly Work Hard Show Respect





When you see your student demonstrating one of our P.A.W.S. behaviors at home, fill out the portion below and send it back to your child's teacher! Please include their name, a description of what you saw and then sign your name and tell us who you are (mom, dad, aunt, grandpa, big sister). Thank you!

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Panther Praise Award ➤ Home Edition

is doing

a good job using their P.A.W.S. at home by:

Proudly signed by

#### I Need To Stay Home If:

I HAVE A FEVER	I AM VOMITTING	I HAVE DIARRHEA	I HAVE A RASH	I HAVE HEAD LICE	I HAVE AN EYE INFECTION	I HAVE BEEN SEEN IN THE HOSPITAL
CO .	52		<b>60</b>	(e)		<del>Q</del>
Temperature of 100 or more	Within the past 24 hours	Within the past 24 hours	Body rash with itching or fever	Itchy head, active head lice	Redness, itching, and/or "crusty" drainage from eye	Hospital stay and/or ER visit
	I AM REA	DY TO GO	BACK TO SC	HOOL WHI	EN I AM	
Fever free for 24 hours without the use of fever reducing medication i.e. Tylenol, Motrin.	Free of vomiting for 24 hours without use of medication.	Free of diarrhea for 24 hours without use of medication.	Free from rash, itching, or fever. I have been evaluated by a doctor if needed.	Treated with appropriate lice treatment at home and nurse confirms no live lice.	Evaluated by my doctor and have a note to return to school.	Released by my medical provider to return to school.



Thank you to everyone who joined us at our October 18th meeting. Meeting Minutes are available here. See you next month!

#### WHAT'S HAPPENING?



#### **CONFERENCES & BOOK FAIR**

Prairie View Conferences and the Literati Book Fair will take place on November 2nd & 7th!

Join us for a new Literati Book Fair experience this fall! Keep an eye out for more information in email and yellow folders.



#### DAY OF AWESOMENESS!

WOW! Thank you East Troy Elementary for participating in the Next Level fundraiser.

To celebrate, we are hosting a Day of Awesomeness for all students on Tuesday November 14th!



#### O&H KRINGLE SALE

Little Prairie and Prairie View's fall O&H Kringle Sale fundraiser kicks off on November 1st. Forms will be due on Nov. 27th, and order pick up will occur on Dec. 9th at Little Prairie.



Pumpkin Carving at Prairie View Thank you to the East Troy FFA, Bowers Produce, volunteers and staff for making this possible!



#### ROLLING SKATING NIGHT

Roller Skating Night will be back on Thursday November 30th! This year, we have reserved the rink for our families, and admission, skate rentals and dinner is on the PTO!



#### PTO **MEETINGS**

The ETE PTO holds family-friendly meetings from 6 to 7 p.m. in the Little Prairie Library on the dates listed below. Child care is **provided**. We hope to see you there!

> 3.20.24 11.15.23 4.17.24 1.17.24 5.15.24

#### East Troy Elementary PTO 23-24 Board

President Dani Foster | Vice President Tiffany Beinemann Treasurer Bailey Kaiser | Secretary Michelle Borre





### NOVEMBER NEWSLETTER

5053

#### BULLY PREVENTION MONTH

Thank you to everyone who participated in the contest itself and the conversation slips!

What a great turnout!



#### SAVE THE DATE

Conferences are Thursday, November 2nd and Tuesday, November 7th from 3:30pm-7:00pm

#### GUIDANCE LESSON THEMES FOR THE MONTH

3rd-5th Grade will work on:

Character Development
Bullying Prevention and Types of Bullying
Getting Along
Circles of Support

#### FRIENDLY HYGIENE REMINDER

While we are getting back into the routine of school, it is important to pay attention to healthy hygiene habits. Reminding students to shower regularly, wear clean clothes, and brush their teeth regularly are important habits to practice and can be major self-esteem boosters for children.

Start early – before puberty. If you keep reinforcing messages about personal hygiene, most children will get there in the end. It will help to give your child praise and encouragement for carrying out hygiene activities.

Good hygiene habits in childhood are a great foundation for good hygiene in the teenage years. And if you've got open, honest communication with your child, it'll make it easier to talk about the personal hygiene issues that come up in adolescence.

#### PARENTS UNITED: (HTTPS://PARENTSUNITEDWI.ORG/)

#### **Upcoming Parents United Zoom Events**

November 14th 6:00-8:00 pm

· Your Child was Identified as a Student with an IEP, Now What?

November 29th 6:00-8:00 pm

. How to Talk to Your Child About Addictive Behaviors (For Parents & Students)



### PRIORITIZING CALMNESS THIS FALL

#### November Wellness Wednesdays

November 1st: Exercise Creates Calmness
Exercise helps your body reduce stress hormones, such as
adrenaline and cortisol. It produces endorphins to help you feel
relaxed and optimistic! Try a 15 minute fall walk this Wednesday
to clear your head.

November 8th: Try a Breathing Strategy
Box Breathing - Count to four while inhaling, hold your breath
for four, exhale through your nose for four, then repeat until
you feel relaxed.

Draw Your Breath - Visualize your breath as a line and draw it on paper. Spend a few moments breathing in and out as you draw lines to represent this.

November 15th: Quiet Activity
Try a quiet activity today. Some ideas of quiet activities are
coloring, reading, drawing, going on a walk, or working on a
puzzle.

November 22nd: Headspace for Educators
Headspace is a mindfulness app that is offered free to
educators. Use on your own or use with your students!
https://www.headspace.com/educators

November 29: Health Benefits of Silence
This month, try to catch a few moments of silence as silence
has many health benefits such as stimulating brain growth,
reducing cortisol, and improving concentration/focus.

#### Learn with IXL at home!



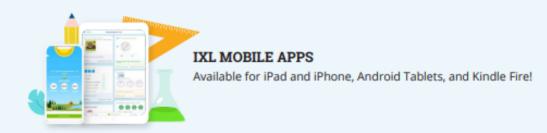
We're using IXL to support our curriculum this year, and your child has access to this online program at home. With thousands of skills that match what we're learning, as well as insights into student progress, IXL is a great resource to help your child excel.











Please encourage your child to use their student notebook/binder to support their learning on IXL. This will begin to be sent home regularly by their teacher throughout the year.

#### TOP WAYS TO USE IXL AT HOME

- Explore personalized skill suggestions
  Encourage your child to visit their Recommendations wall for helpful review or new challenges—it's full of skills picked just for them!
- Stay in the loop

  Sign in to your child's account and click on Analytics to see what they've been working on and take a peek at their progress.
- Celebrate your child's accomplishments

  Want to receive certificates whenever your child reaches a milestone?

  Sign in, click on their profile icon, and enter your e-mail address under "Profile & settings".

#### SMARTSCORE CORNER

#### What is IXL's SmartScore?

The SmartScore is the best possible measure of how well your child understands a skill!

It factors in question difficulty, answer accuracy, and consistency.

You can adjust SmartScore goals as you go

Aim for 80 or 90, which shows a strong understanding of a skill. For an extra challenge, try for mastery (a score of 100). The SmartScore is not a percentage score

Unlike percentage-based scoring, the SmartScore is truly smart. Even if a student gets a question wrong, it's always possible to reach a 100.

Taking breaks is always okay

If your child needs to pause their practice, they can always return to a skill later—all progress will be automatically saved!